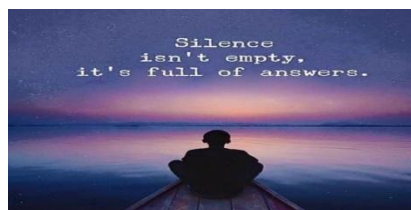


## Quan Yin Virtual Class # 8



As we now know there are many crossroads along the Enlightenment highways and they appear at different times and stages for each person. At each intersection we face the choice of which road and what action to take. By using the knowledge and the wisdom learned so far, we face a definite YES or NO choice. If your answer is a NO, not right now maybe later, then please stop reading and take the meandering sideroad ☺. When the answer is YES, I choose to build my new road right now. The next question is:” Who is building?” Who is your building contractor? Is it the child at play or the teen at the experimental rebellious state? Or have you grown into the young adult agreeing to accept a learning modality, a teacher’s guidance, a mentorship of an apprentice mode?

*This session is a very special one for it falls on the 8<sup>th</sup> day of the 8<sup>th</sup> month of 2020 which happens to be the opening of the Lion’s Gate. The Lion’s Gate is a spiritual etheric doorway created for the Earth Realms. 2020 is the year of assessment and evaluation of the levels of Consciousness within the Earth Realms in preparation for 2021. For those who are ready to walk through this gate it offers the entrance into September that carries the energy of completion (9) and the acceptance of the Divine Goddess (Venus) energy within. Completing the clearing of the inner shadows so that the first steps of construction can begin.*

If you are still functioning within the realm of the Spiritual child then you know that you can only build with the child’s mental/emotional ability. That means building with toy-building blocks. It is the game of pretend, of illusions within the playroom. Even a child will choose the blocks carefully when it builds. Please don’t judge a child’s play for it is an important component in the practice of growing up. Within the stages of growth, the child-teenager-young adult is where the experiences are the strongest and where most of the potential of wisdom emerges. The first stage of spiritual maturity is achievable at the early adult states when the persona has chosen to walk the path of awareness with full responsibility for every thought, word and deed. At the adult stage these persons are not afraid of hard work and quitting is not an option for them.



[This Photo](#) by Unknown Author  
is licensed under [CC BY](#)



A child is not capable to access the mature mental and emotional levels necessary to step into a contractor’s role. The child is unaware of the Ego’s presence while the teen/young adult embraces the role of the Ego without complete full awareness. The human-common-sense factor

is not yet fully developed within a spiritual child/teen state. The awakening adult on the other hand is fully aware of the Ego and will embrace the responsibility of monitoring the Ego's voice. Therefore, the following is geared for those ready and willing to begin implementing the pre-operational schedule within the parameters of the Spiritual growth chart.

Once you have chosen your building team the next job is to choose the perfect site to build. (child, teen, young adult or mature adult building site) In other words within what realities (3D, 4D, 5D) do you choose to build? All dimensional realities are intertwined and exist within the same Nexus of 3D, 4D, 5D and beyond. We have chosen to detach ourselves from the 3D harbor and we need a vessel that is compatible with a 5D harbor. Imagine separating a bundle of wires. They are still connected to the source but one will remain plugged to the transformed lower voltage while the others are in the process of re-connecting to the flow of higher Consciousness. We repeat, a child cannot handle the higher frequencies and will remain within the 3D holodeck, the play-station of Duality Earth. It will immerse itself in make-believe (illusionary) play acting, dress-up games, building games at an unconscious level. At the spiritual levels, this human in an adult body will strongly believe that it has achieved enlightenment and considers itself to be within the higher hierarchy of spiritual mastery. It is like a green, immature fruit. It can be harvested and used in a salad or pickled but no matter what you do to it, it will never sprout.

Preparation begins by choosing the building site. Does it feel right, does it meet with the owners needs? (*Choice of Spiritual path, choice of level of maturity*) Once the choice has been made the construction mode begins by looking whether the site has been prepared. Has the land been cleared? (*old believe systems*) Are the weeds and old growth removed? (*old customs, habits, addictions*) Have the buried boulders, rocks and stones been dug out? (*revealing ancestral lineage*) Are the sewer pipes in place, are the water lines connected to the water source, and are the draining channels dug? (*Mental, Emotional body cleansing*) Was the excavation deep enough and were the base materials put in place? (*Connecting and grounding to the new earth's magnetic core*)

For those who are ready, imagine standing on the new building site and beginning to allow the Mind freedom for creative thought patterns that bring a sense of wonder and joy into the emotional body. You have your dream-home blueprint design ready and are very excited to begin the process. Imagine having to choose what type of brick you wish to build your new home with. What quality, what colour, what size and what quantity will you order? Once you put your order in, there is no going back for there are no refunds. Once you have your pile of bricks, it is advisable to examine each brick before you mortar it into the final grounding structure of your basement and walls. What clay-mud mixture was used to form the brick? (*Alchemy in transforming the shadows*) Is each brick properly fired in the kiln? (*purified emotions*) Are there any impurities (*Ego particles*) hidden? Are there weak spots that can be potential cracks (*unresolved dark/scar issues*)? What percentage of Fear particles are still embedded in it? (*Ego-control-thought patterns*)

A strong frame is needed once the basement is completed. At the mature teen and young adult stages there is the burgeoning ability to recognize the importance of a strong framework. A child does not understand the need for a properly designed frame and would therefore not even bother to attempt to build one (*emotional attachments*). Each section of the frame has to undergo a close inspection by the builder. Are the beams long enough? What is the quality of the wood? Has it been properly cured? (*4 elements*) Is it planed properly? (*cleared of attachments*) What quality and quantity of nails will you use? (*strength of WILL*) Has each section been measured carefully? Have you measured and calculated the precise angular positions the beams are to be connected? Are the geometric shapes kept symmetrical especially for the roof? (*Merkabah structure*) No matter what the angle within the structure it will always end up with the value of 9 (*energy of completion*). Have the wiring lines been checked so that they are wired into the proper panels? (*by-passing the Amygdala plug*)

Keep in mind that during these initial building stages the Ego will step up its campaign of sabotage. The Ego has an agenda such as - to build with inferior cheaper materials, to cut cost so that your profit margin increases, to hire untrained workers so that you don't have to pay them as much. Etc. etc. Other favourite ones are by-passing the building codes (*Don't tell me what to do. It is my way, not my fault*), bribing officials and spicing everything with lies. (*Lower Ego-body-mindset*) Putting in unnecessary wiring for fear of an attack, a robbery or even nosy neighbours. (*Plugged into the Amygdala 911 center.*)

Building any kind of structure requires an adhesive component. Within the Spiritual construction site this component is the energy of **SELF-LOVE**. A deeper understanding of the core components of this energy is important. It is a very fine line between self-Love and selfishness. Consider this quantum energy of DIVINE-LOVE as an elusive mist that touches you gently on the cheek as you walk into it. It is the moisture that opens the blossom of a rose bud in your heart and the vibration of the petals cause ripples of ecstasy all the way into your stomach and down to your toes. Divine Love is the warmth that fills your chest, hugs your whole body and creates bubbles of rainbow lights in your head. Divine Love is unconditional and illogical; it is a magical place, a unique state of being for each person walking the Earth. This kind of Love energy is a still feeling of safety and peace in Oneness with the Light within. The following is a quick conversation with the Goddess on Divine Love in relation to Self-Love.

The Soul exists completely within Divine Love frequency. It descended into the 3D Duality earth realms to learn and experience the heavier strands of the illusions of human interpretations of Love. The human ideal of Love is based on a conditional platform. How can anyone know without a doubt what is sweet until you taste what is not sweet? In the same manner how can the Soul understand what is Love and what is not? The Soul's assignment is to rise above the conditional anchors and begin the evolutionary process towards unconditional Love attributes. It is the harvesting of the process of evolution of transmuting the heavy, dark raw emotions into the Higher vibrations of Consciousness of Divine Love frequencies. When you claim that you love someone without understanding what Self-Love is, it becomes an emotion wrapped in empty flattery and self-deception created with the help of the ego-mind. If you cannot accept

yourself with all the shadow layers, the self without the entire pretentious persona, how can you claim to know what love is?

Claiming to love the Self with the urgings of the Ego-control mind is again a kind of self-deception, an illusion of the true meaning of Love. Claiming to have reached self-love without awareness is another ego-aspect and it spills into the energy of selfishness. It is propelled by self-yearning to see the self the way the self-persona-character wishes to be seen by itself and by expectation to be seen as such by others. Claiming self-love through acts of selfishness wraps the notion of self-love in a thick fog of illusions of denial. Insisting to love others by claiming actions based on an overflow of self-love magnifies the waves of control-ego issues creating a stormy cycle of heavy emotions. Every action taken with the intent of self-gratification, of looking for a *feel-good sensation* only strengthen the energy of selfishness.

Self-Love requires balance. Balance can only be achieved through evolution of the merging of the High Mind with the High Heart. Balance is necessary to enter Unity Consciousness with the merge of the Mental, Emotional and Spiritual bodies. The Male-mental-ego-mind needs to accept the Female-emotional-ego-mind and vice-versa. When both finally intertwine and merge into one strand to form the High-Heart-Mind it activates the flow of Balance. The High-Heart-Mind is the spring from which flows the comprehension of Self-Love. The High-Heart-Mind is the only one able to fill itself with the filaments of unconditional Divine Love frequencies without interference of the Ego Mind. Within the High-Heart-Mind the Light filaments can grow and increase its Self-Love properties reaching towards the Ultimate Divine-Heart-Mind center. Here the Ego must capitulate and release its hold on the persona for it cannot exist when the Divine-Heart-Mind takes over. The Ego is not killed but instead it is transformed when wrapped and encapsulated within the blazing light of Divine Love. The Ego-shadow-self is over-lit and absorbed by the brightness of the Divine Love-Light de-anchoring it completely out of duality. Unconditional Divine Love vibrations are the light filaments that define the structure of the Divine-Heart-Mind. Thus, only Love-Light energies can exist here and full awareness and acceptance of Self-Love can be achieved. Without the '*food*' of Self-Love, the Tree of Life (Kabbalah) cannot grow into maturity. The following is a rendition of Self-Love through the rhythmic sound of poetry.

### Self-Love By Shihyin

Self-Love is not something you can buy  
 It does not work when your truth you deny  
     It is not about childish selfishness  
     It is not about glamorous showiness  
 It is only your inner magnificence you fear  
     It is only the disharmony you hear  
     Remember the loving touches you felt  
     Remember the loving presence when you knelt

Self-Love is an extraordinary thing  
 It happens when your heart begins to sing

It happens when you radiate with golden Light  
 For the Love inside you is burning bright  
 You filled your cup to overflowing  
 With the essence of love as a showing  
 It ripples, it pulses, it radiates out and out  
 The overflow is a gift you gladly spread about

Self-Love does not mean isolation  
 It does not mean an act of separation  
 Instead it overflows with loving kindness  
 Interwoven with threads of thankfulness  
 Within this sparkling inner light  
 Ego loses its controlling might  
 Pure Self-love around you gently flows  
 Creating a sanctuary that glows and glows.  
 As with love I fill myself so can you  
 Our ripples may just provide the clue  
 To the one who is the seeker true  
 Who might choose to fill a loving cup too.  
 Will you join me and fill your cup?  
 Will you activate your automatic fill-up?  
 Will you saturate yourself with the love within?  
 Will you raise your eyes to see it all begin?



Over and over again we are reminded that the Ego has jurisdiction within all the growth platforms. It begins to lose its territorial control issues when we begin to enter the Hall of Stillness. Within the Stillness of the mind lie all the answers for it by-passes the static of the Ego-mind. The Heart-Mind begins to pulse and awaken within the Stillness once the Ego is barred from the Hall. It is not easy to stay within this Hall for long at first, because we are straddling both realities at the same time. We are constantly pulled, bombarded and tempted by the 'noise' of the outside world. These noises bombard the mind with painful energies such as 'SHAME and GUILT' and you are caught up in the heavy maelstrom of the everyday human life. The challenge is to detach and isolate the MIND from those heavy emotions because if you choose to indulge in the drama of it, it will throw you out of the Hall instantly.

The foundation and the structure that we begin to build can only hold its strength when infused with the energies of Self-Love within the molecular components of each building block. The Soul-partner has the blueprint, the knowledge and the wisdom to implement every change that

you inject into the project with every choice you make. All you have to do is to surrender completely and trust your Soul-partner. Like any other construction site there will be delays and at times a complete halt in direct correlation to your choices based on the mental, emotional and spiritual Mindset. Again, the emphasis is to be vigilant of the energy of FEAR for the Amygdala will grind the whole construction site to a complete standstill. Release the controlling aspect of the Construction manager to your Soul-partner for he/she is the most qualified one for the job.

The Earth-Mother is already fully engaged in her own construction site and whatever we are doing on our site is also happening in her site and vice versa. She is clearing her building site with the 4 elements as in fires of purification, the waters of cleansing, the movements of earthquakes and the blowing winds to shatter the heavy clouds. She is spitting out and burning all the old congestions we have littered upon her through the volcanoes. The earthquakes are shifting the plates to reconfigure her mantle in order to be able to travel through the interdimensional highways. She has every intention to navigate on the high roads and has agreed to take us with her this time. The Earth's magnetic configurations have to be rebooted to a higher frequency and it will affect every living organism on earth. These new magnetic waves are radiating and pulsing with a much higher tone of texture, colour and sound and it will affect every particle on earth including those inside the human structure.

Having been given all the information up to this moment in time, the question remains: "Have you changed your choices?" Remember that each choice is the right one for you and it is honored by your building team.

### Quantum Builders



Before we continue with the project, we need to do a quick review of the why's and how's. As we have come to realize the information is just a guiding tool towards our evolution into higher Consciousness. The important factor remains that each cannot be created and manifested if there is a minute particle of FEAR present in the building component. The presence of FEAR gives the Amygdala full power to enhance energies of worry, anxiety and hopelessness.

What is now needed is clarity regarding the connection between Human maturity and Spiritual maturity. The contract or agreement of the Soul-symbiont is to completely experience the human form with all its physical, emotional, mental and spiritual bodies. The symbiotic parts cannot be separated for it functions as one unit like Siamese twins. Therefore, to reach the maturity of a Spiritual Adult the Soul-symbiont has to reach the maturity of the human psyche. Imagine expecting a six-year-old child to drive a transport truck or even a van. Or imagine offering a young teen a job at a space-station's construction site. Although we walk in the costume of a human adult body we do not always function within the range of human maturity. For a physical



adult human, it is important to reach the maturity levels of responsibility and integrity with all its sub-components of the human common-sense factors. The symbiont has to learn how to work with responsibility and integrity while in human form. An adult body who has not mastered the art of maturity does not have the capability to step into spiritual maturity. Within the adult form the Ego is supreme and has the means to control the low mental-mind, the low heart-mind and the body-mind. The adult human-body has the potential for the Ego to release its agendas and to submit to the job of the engineer. The spiritual Ego will enter the state of angry denial when faced with this revelation. When the human body is suffering from physical illnesses it forms another blockage against Spiritual growth. The mental and emotional bodies begin to focus on the worry of the physical causing more stress layers and preventing the Spiritual body from emerging. Check and notice your thought and emotional patterns when you see the following images. What flow of thoughts entered your mind?



This Photo by Unknown  
Author is licensed  
under CC BY-ND



*We repeat, a child cannot handle the higher frequencies and will remain within the 3D holodeck, the play-station of Duality Earth. It will immerse itself in make-believe (illusionary) play acting, dress-up games, building games at an unconscious level. At the spiritual levels, this human-adult will strongly belief that it has achieved ascension and considers itself to be within the higher hierarchy of spiritual mastery. Its so-called spiritual humbleness then appears as a false cloak.* The only glue/mortar to hold the building bricks together is a clear flow of SELF-LOVE. A human adult who lacks maturity has not yet reached the full understanding and wisdom of what self-love truly entails. As part of a human teen-young adult's state of growth is the challenge to begin to embrace the notion of self-love. Without guidance this often results in an adult body that is unable to accept self-love as a vital growth component. It does not understand the ingredients necessary to grow Self-love for it relates this energy to that of SELFISHNESS. The Ego is given full reign at this point. It is a great challenge and takes a lot of energy to break through this ego-based pattern in an adult human body. The human-symbiont-adult may often assume that it has wrapped itself in Self-Love but it is only an illusionary costume that is still full of shadows. A child will happily build using Elmers glue that can be dismantled at any time without a care in the world. It does not care about consequences that it makes a mess when the building blocks tumble down. An irresponsible adult walks the same path when he or she ignores the consequences of every action, word or thought. It can be said then that a human adult in a spiritual-child state walks along the paths of selfishness which is within the category of the low-mind. The words of Light such as *Respect, Integrity and Responsibility* have no meaning to the child. To gain clarity the following is a quick diagram of the spiritual building platform.

## HARMONY

### Self-love

Acceptance  
Self-love

Detachment  
Self-love

Responsibility  
Self-love

Integrity  
Self-love

Maturity  
Self-love

Respect  
Self-love

Capability  
Self-love

Discernment  
Self-love

Stability  
Self-love

Truth  
Self-love

With the Ego's ability to surround everything within illusions of shadow it is difficult for many to understand and to see *self-love* within the SELF. It can be often very confusing for the human mind and thus it is important to know the true self. The following guidelines may help bring more clarity.

### WHO ARE YOU?

#### I am my Body

I want security and safety. I want power and full control of my body. I will use my body the way I want. I do not accept anyone else's opinions on the survival of my body. I have to protect my body at all cost. I want people to like my body. I don't want to be like 'them' that don't belong. *This person is in full EGO-DUALITY survival mode. All the seals are tightly locked, self-love is absent. For this person the body is all what life is about, the focus is upon all the physical senses.*

#### I am How I Behave

I am always better behaved than others. I follow all the prescribed societal rules so I am accepted in every social occasion. No one will ever think of me as 'stupid, unschooled or uncouth'. I want to be just like everyone else. I constantly worry about what others might think of me. I will conform to the most popular customs in society so I belong and have lots of friends. I judge everyone based on how they behave towards me and in public. *When these persons choose to awaken spiritually, they find that all these 'friends' have disappeared. They behave and act the way they think people will accept them. They have a very strong sense of righteousness. They often feel lonely and neglected even though they claim to have many friends.*

#### I am How I Think and How I Feel

How I think is who I am. I am a very educated person I think like one. Since I am so highly educated, I should go through this transformation easier than anyone of lesser ability. I am fully



qualified to do the inner work because I studied all the written spiritual knowledge. I am so intelligent that no one can tell me what to do. I have all the right answers, I am the teacher. *These persons think and feel a kind of intellectual EGO-satisfaction and it makes rational sense to them that everything is based on the levels in academia. Self-love is an illusionary reality here. Self-satisfaction is their main focus and attention in this life. They do not understand Self-Love. The Emotional body is completely cloaked within the Mental body. Judging and criticizing others is part of their personality.*

### I am My Psychically Intuitive Self

I am a powerful psychic and have a close connection to my Soul even though I cannot prove or validate what I know. If you don't believe me then you are not of the same level as I am. I can sense and tell you psychically all about your life. I AM a very special spiritual person. I know the truth. When you are part of my spiritual meditation group, you follow my rules and my guidance for I have the knowledge and know more than you do. *These personalities are often labeled as the **know-it-all**. They are often stuck in self-absorption of the psychic ability of knowingness. They often feel alone as if they are the only ones that have these gifts. Their listening skills are non-existent. They constantly wish to be heard; thus, the art of STILLNESS is not within their grasp. They tend to wallow in this Ego pool of Self-aggrandisement. Their perception of group dynamics is based on their Spiritual Ego persona. They love to lead spiritual groups for it feeds their Ego of self importance.*

### I am Empty and Worthless

I am a worthless human. I am deficient in everything I do. I feel powerless and empty. I do not trust and belief in myself therefore I cannot love myself. I am so disillusioned with everything in my life. I come from a dysfunctional family; it is their entire fault what I am now. I feel as if I am full of shadows and nobody can see me anymore. I feel as if I am put on a waiting list and they forgot that I am still sitting in the waiting room. I must give people gifts so that they will like me and think what a good person I am. I need people to love me because I do not know how to Love myself. *These persons have reached the bottom of the shadow barrel. They have a choice to either completely give up or begin to climb out of the pothole. Their Ego of self-loathing is very strong. All the seals are tightly locked and listening is not on their agenda. Until they begin to open themselves to the energy of Self-Love and Self-worth they cannot 'see' the gates to the high road of evolution. They think that they are on it but it is only an illusion for it just runs in circles within the parameters of the holodeck. These are very NEEDY people.*

### I am a highly evolved Spiritual Person

I am not like anyone else for I do not care what anyone thinks of me. I only seek the truth of universal knowledge. The knowledge I seek is far beyond for most people around me. I am separate from those who are ignorant. I do not belong anywhere, I am my own group and what I learn is my own treasure. I am willing to share only with those who are at the same evolved level. I assume that everyone I meet should know how knowledgeable I am, I should not have to tell them. I already exist in the 4-5<sup>th</sup> dimensional planes and am connected to all knowledge therefore I do not need support from a group. I have already discarded my Ego and am my own

master of choice. I am the chosen one, I do not need to listen to anyone. *These persons started on the main pathway but got distracted by the idea of the importance of Knowingness. They only 'see' the glamour of what they perceive as the higher dimensional planes. The Spiritual EGO is at its most powerful for it has the power to create a very 'real' illusion like a virtual reality mask. It enhances the energy of Separation as in US versus THEM. They perceive the spiritual community as those who are on the higher spiritual path and those who are not. They do not understand the braided energetic oneness with the Resident-Soul-Partner and thus do not understand the symbiotic relationship with the Soul. Arrogance is part of their vocabulary.*

### I am a Healer

I am a very gifted healer and my passion is to heal people. I have the power to heal and my job is to heal as many people as I can during this life time. My heart is full of compassion and love for people in need; I will heal them even if they did not ask me, for I know what is best for them. God choose me to heal others, that is my job in life and it makes me feel so good about myself. *This Ego-thought-belief-pattern of healing others can become an addictive behavior mode. It feeds the Ego-self in a big way and creates the illusion that the 'healer' deserves the glorification of miraculous healings. Spiritual competition is at its highest level here. I am a better healer for I am spiritually more advanced and of higher vibration than others.*

The Turning Point comes when the *I Am* begins to sing a different tune.

### I am more than whom I thought I was

I realize that my life is not what I want it to be. I recognize that the spiritual path is not the glamorous road that others are saying. I have been blinded by my choices every time I try to do it 'right'. I lost myself when I idealized others, allowed them to lead me and gave away my power. I discover that both light and dark are inside of me and that I am the only one that knows what is the right thing for me to do. I fully embrace and take responsibility for my shadow selves. My quest in this life is to find who I AM while wearing the costume of a human body. *These persons are stepping into the awakening period and are beginning to realize that there is a different choice to make. They begin to sense the light at the end of the tunnel. They recognize the Ego for what it IS and what it is NOT. At this point they realize the importance of the detachment of isolation into stillness.*

### I am One with the Energy of Source

I am part of a Divine Family. The energy of the one I call God/Creator/Allah is inside of me and not outside. What I have called God is no longer out there, it is a living experience of my Source of Light inside me. I understand and accept my Ego-self and choose to demote my Ego-self into a supporting role instead of a controlling one. I have never been separated from Source. I accept who I am in this very NOW moment. Everything and everyone around me is part of who *I AM*. *These persons have started to accept the new layer of wisdom and knowledge that we are all part (children) of the Energy we call God. We all carry the sacred and holy God-cell(DNA) inside. They accept the Oneness of all things and that they are an integral part of this sacred Oneness of*

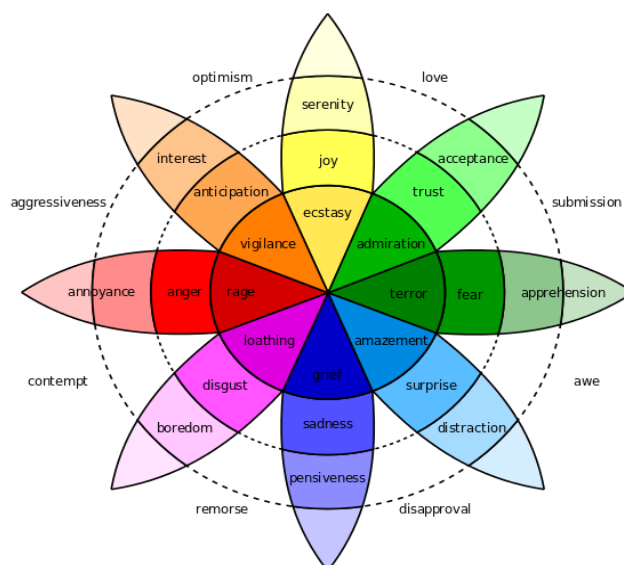
*Light that is Life itself. They have the wisdom to know that there is no darkness. No enemies and no evil things can exist within the core of Light Source which is Pure Divine Love.*

### I AM THAT WHAT I HAVE CHOSEN TO BE

I am a Human-Soul-Symbiont, a resident of Earth experiencing the Oneness of all things created and uncreated. I am the embodiment of the Soul in a journey of discovery of sensing everything that can only be felt with a human body. I liberate my authentic inner self as my human parts step into spiritual unfoldment of freedom from the shackles of Duality. I chose to enter this human journey and I chose to walk it to the very end. I know the destination but the journey itself is where the wisdom can be found. *These persons have reached the ultimate understanding and awareness of levels of consciousness. They embrace the knowledge that the path to enlightenment is not linear and that each person's road is uniquely theirs to choose. They open themselves to the spiralling Quantum time lines with a sense of complete surrender to the Soul-partner and step easily into Unity Consciousness of Divine Grace.*

***Full Enlightenment can only be discovered when all 3 body Minds fully understand and accept the cloak of STILLNESS.***

With a greater understanding we not only build our new vehicle but at the same time we also build the new Flower-of-Life which is part of the Tree-of-Life. The new Flower-of-Life is the Crystal Lotus that emerges and reveals itself within the pink rose of the Heart core. Its crystal petals are formed when the magnetic grounding roots of the new Tree-of-Life are stabilized. The following picture is an example, just a rendition of how the petals can give the illusion of a perfect flower but not all the petals carry the energy of Self-love. How does your flower look like?



We repeat the following statements to remind us of the meaning of Divine Love. When you claim that your actions are based on love without understanding what Self-Love is, it becomes an emotion wrapped in empty flattery and self-deception. It is created with the help of the ego-mind that encourages denial. If you cannot accept yourself and deny all the shadow layers, how can you claim to love the self? Without the '*food*' of Self-Love, the biological Tree-of-Life cannot grow into maturity and the Rose-Flower-of-Life within the heart cannot come into full bloom.

Everything within us is part of the growth patterns especially our brain wave patterns. All actions begin with a thought that flow into an emotion that manifest into a physical reaction. When brain wave patterns are influenced by FEAR, the idea, and the action of Self-love is immediately deactivated, neutralized. How can you claim that you love someone else when your thoughts are based on the selfish control mechanisms of the Ego mind?

The low mind focusses on the physical body claiming it as its reality. Within this reality the Ego-controlled Low-Mind creates excuses for every behaviour pattern. When the Spiritual Ego allows the Low-Mind to influence the body patterns it may result in the phenomena of feeling abandoned, and betrayed by family and friends. The intensity of the spiritual search without the search for the inner self may also sabotage the journey. It can cause an ego-based choice of getting stuck in self-absorption. The persona may become disillusioned with the Spiritual path at this point. The arrogance of the Ego will project blame on the teachers or gurus involved.

The true awakening enters the mind when the thought patterns shift into the realization that we are more than whom we thought we were. Once the brain waves carry the choice of *surrender*, all other patterns tumble like dominoes. We begin to recognize the deception of the Ego and base our choices upon discernment. Trust of the Self begins to grow and it initiates the entrance of self-love as we begin to respect the inner wisdom. Self-love deepens and strengthens its roots as we offer the Ego another position and witness its true agenda. Self-love blooms, expands and radiates from our inner being when we stop shouting in frustration, "WHO AM I???"

Spiritual maturity unfolds as we take responsibility and surrender completely to our Soul partner leaving the linear path behind us. Then we can peacefully and confidently step into the quantum spiral of thought of "I AM, **THAT** I AM. I AM **THAT** WHAT I HAVE CHOSEN TO BE."

Are you ready to embrace integrity?

Are you ready to respect yourself truthfully?

Are you ready to discern confidently?

Are you ready to acknowledge capability?

Are you ready to enjoy stability?

Are you ready to take responsibility?

Are you ready to accept thankfully?

Are you ready to detach completely?

Are you ready to surrender gracefully?

Are you ready to enter absolute Harmony?

Are you ready to have your Tree mature fruitfully?

Be well, built well.

