

Quan Yin Virtual Class # 7

The GAMEBOARD of DUALITY

Every human reincarnates life time after lifetime to play on a 3 D - Game-Board of Duality on the Earth Realms. To anchor the earth into this 3 D harbour the energies of Duality were implemented within the earth realm's reality. The Ego strands were then woven into the Duality grid and the Ego currents of FEAR permeated and flooded the Duality matrix to keep the Human in the Game. Duality is the engine that runs on the energies generated by the opposing forces of the push and pull, the back and forth swing of a type of pendulum. Duality is the *separation* from Unity/Oneness into the 2 duality strands that swing between the emotions and thoughts of good/bad, black/white, light/evil etc, etc. The low vibration of the EGO-Mind is the controller of this system within the lower frequencies of the earth's realities. In order to move into the higher vibrations, the strands of the Low Heart accompanied by the Ego-mind has to be re-configured, upgraded and channeled into the High Mind and the High Heart. The final merge of the High Mind with the High Heart awakens and activates the **HIGH HEART MIND**. This High-Heart-Mind is the Key that unlocks the bars of Duality and opens to the high road towards enlightenment and ascension into the higher frequencies of Consciousness. We can only enter the **DIVINE HEART** of Higher Consciousness from the launching pad of the HIGH Heart Mind. Divine Heart is also Divine Mind there is no separation. The complete surrender and complete merge of all the soul partners including the Over-Soul is made possible when we have reached the HIGH HEART MIND thus entering Unity Consciousness of Divinity within the **DIVINE HIGH HEART MIND**.

Every time we reincarnate behind the bars of duality the Ego-mind takes over control. To match the frequencies of Duality the Ego-mind will continually seek separation in all layers. It is very creative and uses the Mental body to invent many ideas of how to persuade the Emotional body into believing in separation and abandonment. The Ego has need of protection within its mind because it Fears anything that might lead to unity and enlightenment. It encourages Fear of survival, Fear of Death of its perceived personality and Fear of the unknown thus Fear of Change, Fear of the existence of limitless possibilities. It is in constant FLIGHT-FIGHT mode that controls the currents within the Mental body and affects the Emotional body instantly. Every time we choose to walk in Fear and deny the existence of the **true soul-self** we thicken and strengthen the bars of Duality closing the doors to Enlightenment. *When we allow and choose to experience the flow of Fear it puts the Amygdala in a state of constant alertness.*

Ego is **not** your enemy; it is the lock that keeps the human in the Game. It is only a controlling mechanism within the experiment of human emotions within a 3 D game board. Ego mind exists within the lower state of consciousness of the **Mental body** and the Low Heart Mind is its partner that controls the **Emotional Body**. When these two currents are in full control it keeps the human psyche trapped within the **SPIRITUAL-Child-Mind** of all the body layers. Within this reality the human will continually manifest FEAR and projects it outward outside of the **SELF**. The human personality when wrapped and controlled by the Ego-mind and the Low Heart cannot hear, receive or resonate with any currents of higher frequencies. Imagine an old black and white TV set. It can never receive the more advanced colour frequencies of a TV that has advanced

technology or in other words it cannot tap into the higher pulses of electrical power needed for advanced transmissions.

All 5 senses are influenced by the Ego and affect all the body layers (PEMS) The 3 D human psyche is surrounded by rippling currents of suffering, martyrdom, sacrifice, addiction, compulsive behaviour, violence of the warrior, low self-esteem, glorification of Self, self-centeredness, heavy believe systems, warrior energies etc etc all fear-based choices. Imagine entering a fairground with all the fear enhancing rides like a roller-coaster ride, a scary haunted house or a drug induced psychic journey etc. The human-low-mind enjoys these fear-stimulating experiences and it can become an addictive behaviour pattern. These fear inducing currents are monitored by the *Amygdala* in the Brain and will immediately be sent to the Chakra panel.

In order to ‘*see*’ the gate towards enlightenment we need to ‘*escape*’ out of the prison of Duality. First thing to look at therefore are the *prison bars* that are made out of EGO-FEAR. The bars are like an electric fence that is powered by the ELECTRICAL energies of thoughts and emotions broadcasted by the Ego-mind and the Low-Heart control centres. Imagine as if the metal of the bars is the condensed matter of the physical body bound by all the senses. The 5 senses are interlinked and when one is affected it triggers a domino effect and the emotions involved run like a wild fire blazing through the whole body. In order to ‘*see*’ the structure of the bars we need to walk through the **Hall of Stillness**. Only within the *Isolation* of **STILLNESS** can we quiet and calm the static of the EGO-Mind that allow us to ‘*hear*’ the guiding voices of the Soul partners. The Breath of Life meditations are the currents that flow through the Hall of Stillness and when held within the City of Light frequencies it opens greater potentials towards the higher vibrations of Consciousness. Accepting *Triality* within the Hall dissolves many of the darker bars for the third component is a reflection of the truth of the other 2. Once we are able to walk within the Hall of Stillness with ease and grace, the door towards the **Chamber of Silence** will reveal itself. The prison bars of Duality do not exist within the chamber of Silence. This Chamber stands in isolation with choice of Free Will and cannot be found to any who walk the path of the spiritual Child. The Spiritual child cannot understand “SILENCE” 😊

Mastery of the Ego-Mind and transforming it into the High Mind and the High Heart is essential if we wish to establish a new construction site outside the perimeters of the Duality containment field. Merging the High Mind with the High Heart requires the choice of releasing the Child state and stepping into the path of a responsible adult state with full understanding of what FEAR is all about. **Free Will** is the ultimate choice and is a constant for each human-Soul-symbiont construct that is on this journey. This gift is a two-edged sword, it is the ultimate spiritual Tool but often misunderstood for it slips easier towards choice of Duality. Every thought that is formed and chosen, immediately flows into the Emotional body. It can strengthen a new bar of Duality or it can cut and release a bar. When a human begins to face the SELF and begins the journey of Self-realization and awakening, the full meaning of FREE WILL brings clarity to the mind and opens the gate into the New Game-board. With acceptance of Self-Love plus all its shadow layers and choosing to release all Fear-control anchors within the Ego, the human psyche becomes a more fertile field of higher consciousness. It is the first steps in learning the structure of the New Game board outside of the bars of Duality.

Quan Yin's views on the Spiritual Growth Chart



Check Point

We are all familiar with check points during our life's journey. These points come in different forms, some as report cards; customs check points, evaluation forms, security checks etc. At various points within a course of study there is a need for a check point, a time for self-evaluation and a point of self-reflection. **It is not to evoke discouragement!**

We need to understand fully what Spiritual Growth is all about. There are many versions of the spiritual growth chart and each helps us gain more insight of our human Spiritual journey. The Goddess is opening a bigger mirror of ourselves as we travel on her pathway. It is important that we fully accept with clarity from which platform we are building our structures. Remember that the spiritual growth stages are not the same as the physical biological human stage. A person in a 50-year old human body could be living within a Spiritual Infant/Child state for their whole life. The following is a Spiritual check point exercise.

[The Spiritual Infant/Child State](#)

Fear

A gifted spiritual Child fears rejection, abandonment and is dependent for all survival issues of its spirituality on a *Guru-teacher* for it is not always aware of its spiritual attributes. Like the human child the Spiritual child constantly seeks attention from someone else. It does not have the sense of responsibility and depends on others for care and LOVE. Its capabilities are limited. It chooses to go through many spiritual teachings for like a child it is easily bored and would drop one toy after another. Going from one teacher to another and sometimes latches on to one that seems to nourish/mother it more than another. It reacts to fear with temper tantrums.

Self

A spiritual child has no concept of SELF yet. The Ego-self is in full **control** and at the same time it is very **NEEDY**. It is not capable of Self-Love yet and wraps itself fully within the mantle of Selfishness. The low-ego-mind reacts when faced with spiritual teachings it does not like by lashing out. It has a very strong grip on '*Mother's* apron strings' expecting to be looked after and again reacts when it assumes that its wishes are not met. It searches for the GURU, who can take care of all its spiritual needs. Its childish mantra is: "MINE and ME, ME." This personality projects its concept of what it wants people to be and when it does not fit its perception, it is flooded with anger and depression. For example, we choose our parents wanting them to be special parents. We often feel cheated when the parent does not follow our ideals of parental behaviour. The child-Ego is focused in feeling good and is in turmoil when it is not met. It constantly seeks entertainment and does not understand the value of Grounding cords. For an adult human who is in this stage, keeping or finding a job in this society is very difficult.

Duality

The Spiritual child is fully anchored in Duality. Meditation is part of a game that everyone is playing. Within its child-mind it sees the boundaries as good-bad feelings. It looks to others to tell it what is a good or bad choice and looks for praise from outside itself. It looks up to anyone who it considers as a leader/guide that will give it a sense of happiness and comfort. It craves constant praise to confirm that it is doing the right thing. The EGO-SELF is in full control mode and is often unaware of the SELFISHNESS it wears within its character.

Spiritual Teenager

Fear

The Spiritual Teenager greatly fears social rejection and non-belonging. The spiritual Ego has grown within this stage and it is determined to keep full control. The Teenager fears criticisms and judgement of others but uses its growing sense of righteousness to criticize and judge others with relish. The fears of survival and abandonment are at times blown out of proportions causing extreme emotions such as anger, resentment and hatred. The fear of losing the SELF feeds the emotions of rebellion and the importance of peer acceptance is a very strong current. The aspect of falling into *Depression* is a strong potential for the Spiritual-Teen.

Self

The sense of Self is monitored by the growing Ego-mind. The Ego-mind strengthens its control through powerful illusions of false sense of maturity, capability and truth. The teenager desperately wants to belong, to be a part of a spiritual group. It latches on to a popular 'Guru' and expects the 'Guru/teacher' to take responsibility for its actions. It does not understand consequences and cannot understand long term goals. It expects constant praise, acceptance of membership and attention from the leader and members of the chosen clan. This persona constantly tries to justify its action within the range of Selfishness because it does not yet understand SELF-LOVE. It is a challenge to achieve the state of the High-Heart-Mind for the Spiritual Ego-self is very strong and creates a veil of illusions to hide the truth from itself. This persona's mantras are "DON'T TELL ME WHAT TO DO! And I KNOW IT ALL!"

Responsibility of self-action, self-choices are perceived as non-importance by the teenager for it assumes that it is more knowledgeable than anyone else thus rejects guidance. This personality has a tendency to immediately counter whatever someone presents another view for it feels and believes that it has the right and better information. It strives to have the last word at every confrontation. The TEEN stage can be a very unsettling period for the Spiritual Seeker. These mental-emotional-self projections are stronger and more defined within the Teen especially when dealing with family members. Having gained more human experiences the spiritual-teen is often frustrated when a parent, sibling or close friend do not display the behaviour that the teen expects. The currents of arrogance enhanced with ego-control often causes the mental/emotional storms when the teen's words are not listened to.

At times there are strong warring currents within the Mental/Emotional/Spiritual bodies as the Soul-Symbiont-partner tries to get closer to the human-mind. Arrogance is a heavy ego-cloak

that disguises the insecurities of this human-symbiont for it struggles with the concepts of integrity, respect and true humbleness.

Duality.

The stronger the Ego-control-mind the deeper the Spiritual Teenager anchors itself within Duality. The persona often feels ‘**attacked**’ by others and falls deeply into victimhood. The bars of right-wrong, good-evil are big pillars within this Ego-mind. Spiritual teachings, practices such as meditation, yoga and energetic jargon are the In-thing to do to achieve the coveted glamour of enlightenments. It believes in the separation of “*Spiritual high vibration Us versus Low Them*”. This persona broadcasts its own actions as in “*Look what I did for you, you owe me. You should thank me.*” The pedestal of the Guru, the teacher, the leader, is considered to be the position of envy and to be wished for. It has a strong sense of RIGHT versus WRONG and considers itself to be always within the RIGHT scale of justice, thus arrogance is the robe to wear. Meditation is a means to get to the ‘*right*’ place and to *belong* to the most recent bandwagon. The Spiritual-Teen tries to justify every behaviour to suit its own agenda. Confrontational behaviour patterns are its daily challenges for it feels the need to challenge anything that does not feed the EGO.

Entry into the **Hall of Stillness** is not easy to find for this person therefore the transcendence into the High-HEART-Mind is illusive. The Ego within the Teenage-Heart-Mind often causes a state of fluctuation of emotional and mental conflict as it strives to gain understanding and clarity of the Spiritual pathways. It is faced with the temptation to take the easy way of gaining spiritual ecstasy through drugs or Guru-clan worship. Based on its spiritual belief systems it seeks the old pathways of Astral-travel and tries to get there no matter what the cost believing that the Astral planes are the coveted Spiritual experience. Many do not realize that the Astral plains are part of the Earth-Realms thus part of the Earth’s 3D reality within the spirit dimensional layers.

Spiritual Adult

Fear the Spiritual Adult begins to recognize the role of FEAR within. It has harvested all the knowledge from the multiple teachings it has studied and is now ready to step into the responsibility of choice. This persona is taking responsibility for every thought, word and deed. It has recognized the role of the Ego and is putting the Ego into rehabilitation for its new role in the engine room. No longer does it fear survival issues, abandonment and rejection of peers. This person accepts and recognizes its unique individuality and does not FEAR the loss of SELF for it knows its TRUE-AUTHENTIC self. It is fully aware of the role of the EGO.

Self.

The Spiritual Adult is willing and ready to take responsibility of Self by fully embracing Self-Love with the knowledge of the boundary of Self. It begins to pull up the anchors of self-pity, blame, shame and guilt replacing it with inner acceptance of the shadow self. This person understands the power of the energy of FORGIVENESS of Self and turns its inner sight to its choice of the path of enlightenment. It takes full responsibility for its daily life in human form based on the level of Spiritual Consciousness it has achieved. It focusses on self-healing

and accepts the importance of detachment from all belief systems, habits, compulsions and even relationships that do not serve its spiritual journey. This person understands fully that this is a personal journey to be walked with its own unique abilities and gracefully honors the journey of other seekers. The Ego-self is fully functional in its role of energetic support. The mental and emotional bodies are at peace and are constantly monitored within the parameters of the level of Consciousness. LISTENING and being the OBSERVER becomes more important to the Self. Detachment of all 3D strands often gives the illusion that this persona is *cold*, non responsive to others. It is actually the other way around for this human-symbiont understands the need for isolating beyond the 3D-Duality bars from which sector Divine Love can sent stronger beams into the shadow world of men.

Duality.

This persona sees duality in its true form of illusions and chooses to step out of the box. It releases itself from the prison of Duality and initiates the alchemy of change from within. No longer does it look outside itself but focuses on the inner journey of transformation. Meditation for this individual means entering the **Hall of Stillness** with the Breath of life towards the inner **Chamber of Silence**. He/she knows and understands the higher connections of the High-Heart-Mind that are needed to reach the Higher levels of Consciousness. It recognizes the strands of Duality within the acts of criticism, judgement and perceptions of grandeur of the Guru for it knows that the GURU means TEACHER and that it is present within the SELF. The first steps towards Unity Consciousness are being built with the reduction of the shackles of Duality. Spiritual competition is no longer in play for the mature adult. These persons *walks the talk* with grace and joy with full clarity that this journey is a journey of transformation of the Soul. It strives to master the Ego-Mind by recognizing the Ego's subtle manipulative ways. The Mantra for the mature adult is NO-THING WRONG, NO-THING BROKEN, NO-THING NEEDS FIXING.

Be aware that the Spiritual journey is closely linked with the human biological structure. The environment is of extreme important for growth as in the soil for a plant. Pay attention to where and how a child has to grow. Observe what a teenager does to its environment and how it reacts to its living space. Environmental and social structures are part of the nurturing factors for growth at all levels. What happens to someone who chooses to grow up on the street among garbage dumps, in a violent neighbourhood, violent family structures or even in a rich material setting without Love?

It is important to note that there are in-between layers within the growth charts. For example, a Spiritual child who shows interest in the information begins to feel more secure, more loved and knows that it will always be looked after. It looks for and listens to guidance when it is offered. These initiative choices allow an increase in the growth spurts and will guide it into the young teen stages of awareness. The teen who opens itself to spiritual tools begins to temper its rebellion by accepting the guidance of the adults. It takes the initiative to clean and clear its environment and mental/thought patterns. It begins to understand that showing emotions and tears are not signs of weakness. It realizes that temper tantrums are not acceptable behaviours

and that heavy emotions are like boomerangs for they return to the sender with a vengeance. By making different choices based on more clarity moves this person into the young adult stages of spiritual growth. The spiritual teenager might try to enter the **Hall of Stillness** and is choosing to accept guidance from a teacher/guide without attaching its drama and confrontational patterns. Its ultimate success rate depends on its ability to embrace the human-common-sense factor.

Spiritual adults who begin to reach senior maturity fully walk upon the path of responsibility of every word, thought and deed. It wraps itself with the silence of the listener releasing the need to have the last word, releasing the need to be heard. Detachments of all heavy anchors are part of this person's daily routine. The adult releases the *need to search* for it has committed to the chosen path. The Adult has begun to walk within the **Hall of Stillness** and has no need for chatter. There is no need any longer to justify any chosen action for full responsibility is taken for every promise and every intension. Surrender to the resident Soul has been achieved and a full partnership is in progress at this level of growth. This stage is the precursor to the level of the Spiritual Adept, the Human angelic guide who has reached the Unity of Being with the Soul Consciousness.

Non acceptance of the reality of *'that each choice is the foundation of the spiritual platform you are building'* is but submitting to the Ego Mind. When the choice has been made to transform the Low-Ego-Mind into the supporting role within the engine room instead of the Captain's chair, the persona begins to accept the combined choice of the construction site. There is NO judgement of the Soul upon the choice of growth layer for with acceptance of the human it becomes a more intense learning program for the Soul partner. The following poem is to help you gain more clarity of your choices.



Do you accept where you are?
 Do you follow your guiding star?
 Do you walk the path no matter where?
 Do you choose to climb that narrow stair?

Have you found the place to begin?
 Have you entered the sacred place within?
 Have you reached for the silent voice?
 Have you embraced your choice?

Are you ready to walk through the valley of darkness?
 Are you ready to cloak yourself with joy and happiness?

Are you willing to merge the high Heart with the high Mind?
Are you ready to discard the dark veils that blind?

Are you ready to take responsibility?
Are you ready to embrace integrity?
Are you ready to acknowledge capability?
Are you ready to step into adult maturity?

By Shih Yin

What is your Growth status?

The process of any kind of growing is based on the Alchemy of change. At certain points of the growth spurt we face the major intersections of crossroads again and again. At one such point we make the choice to step across the line of NO-RETURN. Our Soul-partners will continually present us with the question of, “*Are you willing and ready?*” This is the time to re-examine our position on the Path by facing the truth of the SELF. By using the guidance, we have been given, we can evaluate each stage of our Spiritual growth by taking a more in-depth look at each developmental stage, the toddler, the child, the young teen, the teenager, the young adult and finally the mature Adult who has embraced full commitment and responsibility.

Questions such as: “What did I feel every time I choose to deal with my life from the platform of the Spiritual child, teen etc? What do I need to do to grow out of that childish state of consciousness? What have I done to encourage myself and change my mental/emotional state into one of growth?” Create a type or growth chart for yourself by means of any kind you choose, either journaling, charting or recording. (review lesson 6)

Each time you face a shift in your patterns, it is important to keep reminding yourself that the Ego is always present within you. It is your choice what assignment you detail it too. Remember that the control EGO-Mind cannot work from a Spiritual Adult platform. It relates everything from a child’s perspective and therefore cannot make any decisions with the wisdom of maturity. Within the Spiritual Adult the Ego’s role is only that of energetic support and decisions are made from the High-Heart-Mind. The path towards a responsible adult state runs through the **Hall of Stillness** for only within the isolation of the Hall can we quiet the static of the low Ego-mind. Keep in mind that the low-ego-mind is connected to the frequency of the low-heart where illusions are the norm. Once we are able to still the turbulence of the Low-Ego-mind within the **Hall of Stillness**, the gate towards the merge into the High-Heart-Mind is revealed. The High-Heart-Mind is the fruit of the growth towards Spiritual adulthood for it requires the mature choices of wisdom, awareness of Self cloaked with unconditional Love Light. The rise into higher Consciousness is activated at this level with the wisdom of the Human-common-sense factor. For the Human-Symbiont the challenges along this path are the temptations of everyday life as we straddle both realities during these times of change and transitions. Both worlds still exist side-by-side and every moment we live on this world we must make a choice which crossroad to step into. Each information given is a tool to help you navigate these stormy pathways. By choosing not to work with these tools is a choice and by default it will close off the

entrances to the High Roads. The crossroads keep shifting and like a sand dune are blown by the winds of change showing you different patterns based on each choice. With the agreement of the Harmonic Convergence, the Highroads are accessible within each Holodeck program but the entrances will be different based on each person's choice. It can be challenging and filled with dark swirls of pain, loneliness and suffering OR lit up with multi colored lights of peace and quiet contentment laced with happiness and joyful excitement.

When we allow the temptations to distract us it puts us into a kind of '*Hold*' position on the path. Meaning that we are on a standstill and it could be a choice of a temporary rest period. Keep in mind that answering the call of temptations does tend to get us stuck, fall into a pothole on the road and become disconnected, or misaligned with the flow. A disconnect or short-circuit can result in emotions and thought patterns of disillusionment with the progress of the Self. The Ego's feeding tube is wide open at this stage and feeds into self-absorption, compulsive habits, preoccupation with idealized self-perception and avoidance, a reluctance to look at the shadow-self. The Ego-mind is a receiver and a broadcaster. When it picks up the transmissions of a disconnect situation it will immediately broadcast the '*news*' to the whole system claiming it to be the mandate of the persona and as a result affects all body parts. It creates a kind of short-circuit within the Chakra panel and unplugs many of the wires connecting to the Golden-Egg container. (The pilot cockpit center)

Other major disconnect situations are the '*Ego-wantings*' that are often based on disillusionments, and regrets with our present lives. These result in our wanting to live our lives through our children or revert back to parental/ancestral behaviour patterns. The need to step onto the pedestal of the Teacher/Guru is a big part of the disconnection and again often undetected by the persona. This only feeds the Control-Ego and diverts our path into one that is strewn with obstacles such as potholes (self-will), deserts (lack of Love), weeds (irritants) and boulders (childish selfishness). To remedy the situation there is only one option and that is to strengthen the connection with the Resident-Soul. The Soul-partner is a guidance system that is wired into the mental/emotional/spiritual body and when given permission it can access the matrix and flood it with Divine Light of wisdom. It also works as a kind of compass and can show a clear direction towards realignment with Divine Source. In other words, we have forgotten the way home and the Soul-partner has the new map towards our new home, the one built for us within the realities of the Second-Creation. (refer to Quan Yin Speaks – the Mini-Miners pgs 70-71)

The next question is - How is your growth in relation to the transformation of Gaia? The Earth Mother has entered her choice of rising in Consciousness and has started her journey across the interdimensional galaxies into a multi-dimensional harbour. She has traversed and entered into the energetic electromagnetic Photon belt layers and has increased her efforts in readjusting her physical frequencies to allow for this journey. Imagine a cruise ship entering turbulent waters as if it is thrown in a washing machine. What is the choice of the captain of the ship? For many the turbulence is causing multiple symptoms such as a kind of sea-sickness, confusion, mental instability, and increased Fear-mode, fatigue and/or sleep deprivation on top of digestive issues.

Gravity as we know it is changing and is evident in the fluctuating spiral arcs of the ocean tides. Water as we are aware is the element that carries human emotional currents and as the Earth begins to recalibrate it affects us as well. The solar wind storms are also increasing in potency resulting in the turbulent flow of plasma and rearrangements of the protons and electrons within the magnetic field. These winds are punching bigger holes in the atmospheric and stratospheric layers allowing more changes within the Earth's realms. The Earth-Mother-Ship has to be refurbished to be able to traverse through the interdimensional highways.

We repeat, FEAR is the recurring issue that will create deep chasms within our mental and emotional layers. The only bridge that can cross this chasm is the one that is built with the building blocks of FORGIVENESS and SELF-LOVE anchored with thick magnetic cables. The Photon Belt is laced with a strong magnetic lattice and to go through it the Earth has to match its frequency which means that we are affected too. Crossing this magnetic field starts the process into recalibrating the energies of Separation into the Non-gender field which is the blending of the creative filaments of Gold, Silver overlaid with the purple/violet flame. As mentioned above the vibrations of chaos continue to accelerate with the necessity for the breakdown of all the old created systems within present human societies. The pressures that are building around the globe are also happening within each of us. It can trap us into choices that can knock us off the path until we fully comprehend the crucial step of entering the Hall of Stillness within. Only within the isolation of the silence within can the Divine Voice be heard.



One of the components that is targeted is the warrior section. It lives within the spiritual child/teen/young adult world and when fed with a warrior's cry it only stabilizes our spot upon the path. Both the male and female destructive warrior weapons can be neutralized and redirected with the choice of meditation, musical cords and creative art forms. Make note that warrior weapons may appear in many different forms such as cutting with words instead of knives or influencing a crowd with discordant music or hateful news. The attack of a warrior can be very subtle as in swear words or gossip used casually in conversation that is often not detected or felt by the receiver because of social acceptance of behaviour. The warrior does not understand silence and has difficulty finding the entrance to the Hall of Stillness no matter how often this persona meditates. It becomes an illusionary reality and manifests within the persona's belief system.

The magnetosphere of the Earth continues to shift and the magnetic axis trembles as it follows the mandate for change. In sync with the pulsing, intense waves through the Divine Feminine gates, the potentials of achieving great and immense breakthroughs are now available and accessible to all who choose to traverse the ascension pathways. The temperature of the Earth's

magnetic core rises in direct responds to the changes of the 4 elements in preparation to embody the 5th element. Like an advanced engine its rotating spin requires more energy that results in more heat. Imagine the heat produced in any advanced mechanical system.

Our job if we make this choice of change is to continue our efforts in enhancing our internal magnetic fields that are anchored through the Divine Feminine components. For eons of reincarnated times we have been anchored with the electrical fields of the lower Male Consciousness. The goddess has gifted us with the tools for building strong magnetic-root-pillars, it is up to us how we use each to build our new reality.



Guiding Chart **SEPARATION/DUALITY**

LOW EGO-MIND – EGO CONTROL

Yes /No/ Good/Evil/ My will only

Everything broken, needs fixing

LOW HEART - SUFFERING

Blame/guilt/pain/shame

Sadness/depression/victim

MEDITATION

Cocoon stages within the Hall of Stillness

TRIALITY – FATHER/SON/HOLY SPIRIT

HIGH -MIND – TRUTH OF SELF

Embrace all shadow selves

Release heavy FEAR channels

No-thing wrong, No-thing broken

HIGH- HEART- FORGIVENESS

Peace and contentment

Acceptance –compassion to self

Fully embrace Self Love

ONENESS - Chamber of Silence

HIGH HEART MIND

Release warrior self

Accept Non-gender mindset

Run everything through the Heart Mind

UNITY CONSCIOUSNESS

Divine Heart Mind

Membership within Unity Mind and acceptance of the Divine-Self

Infinite spectrum of inner-sight with the unconditional surrender to the Soul-Partner

Clear detachment of all 3- D-umbilical cords
Completely disengaged from the anchors of Ego within duality.